

FutureMap™

YourPath™

Deep Identity & Direction Diagnostic

A personalised self-discovery and direction-mapping process designed by Cambridge experts.

Estimated time: 15–30 minutes

Please answer honestly - there are no right answers.



SECTION 1: IDENTITY BEFORE ACHIEVEMENT

1. Full Name:

- Date of Birth:
- Gender: Male Female Other

2. Current country & school:

3. Curriculum studied:

4. If you had to describe yourself in one honest sentence, what would it be?

5. Which statement makes you feel most uncomfortable because it might be true?

- I don't fully know myself yet
- I'm good at many things but great at none
- I work best under pressure, not structure
- I'm afraid of choosing the wrong path
- I rely too much on external validation
- I feel behind others my age

SECTION 2: HOW YOUR MIND ACTUALLY WORKS



6. When you're deeply engaged in something, you usually:

- Lose track of time
- Hyper-focus intensely
- Think creatively but jump between ideas
- Analyse everything logically
- Feel energised by challenge
- Rarely experience this state

7. After 20–30 minutes of independent study, what usually happens?

- Focus deepens
- I push through with discipline
- I become restless or distracted
- I procrastinate, then panic later
- I stop and avoid it altogether

8. Which description fits you best?

- High ability, low consistency
- Disciplined but not naturally academic
- Curious but easily bored
- Creative thinker who dislikes routine
- Strong when guided, weak alone
- Unsure how to study effectively

SECTION 3: MOTIVATION, ENERGY & FRICTION

9. What drains your energy fastest?

Repetitive tasks

Lack of meaning

Strict rules and systems

Unclear expectations

Slow progress

Competition with others

10. What gives you energy (even if you're tired)?

(Write anything that applies)

11. What usually causes your biggest setbacks?

(Rank Top 3)

- Fear of failure
- Perfectionism
- Procrastination
- Overthinking
- Lack of clarity
- Burnout
- External pressure

SECTION 4: PERSONALITY IN REAL LIFE

12. In group settings, you are most often:

- The leader
- The strategist
- The executor
- The creative thinker
- The independent contributor
- The observer

13. When making decisions, you rely more on:

- Logic and analysis
- Intuition and feeling
- Advice from others
- Trial and error
- Avoidance until forced



14. Which trade-off feels hardest to accept?

- High income, low interest
- Meaningful work, low status
- Prestige, little freedom
- Stability, slow growth
- Freedom, uncertainty

SECTION 5: INTERESTS WITHOUT PRESSURE

15. Subjects you enjoy thinking about (not just scoring well in):

16. Subjects you perform well in but don't enjoy:

17. Topics you explore independently (videos, books, online content):

18. If rankings, money, and expectations disappeared, what would you want to study?

SECTION 6: DIRECTION SIGNALS

19. Which statement feels closest to the truth right now?

I know roughly what I want	I have interests but no direction	I feel pulled in multiple directions
I'm choosing what feels safest	I'm completely unsure	

20. Careers or roles that attract you - even if they feel unrealistic or embarrassing to say:

21. Careers you strongly want to avoid and why:

SECTION 7: ENVIRONMENT FIT



22. You perform best in environments that are:

- Structured and disciplined
- Flexible and self-directed
- Competitive
- Collaborative
- Creative and open-ended

23. What kind of feedback helps you most?

- Direct and blunt
- Encouraging and supportive
- Detailed and analytical
- Minimal - I prefer independence

SECTION 8: PRESSURE, EXPECTATIONS & REALITY

24. Who influences your academic and career decisions most?

- Me
- Parents
- Shared

25. What do you think your parents want most for you?

(Your honest perception)

26. How pressured do you feel about choosing the "right" path?

(Scale 1–10, explain)

SECTION 9: SELF-AWARENESS & READINESS

27. If this process challenged your current assumptions, what would you prefer?

- Honest clarity, even if uncomfortable
- Gentle guidance and reassurance
- Strong direction and structure

28. What would a "good life" realistically look like for you at age 30?

29. What scares you most about your future right now?

SECTION 10: THE QUESTION THAT MATTERS MOST

30. Why did you choose to invest in YourPath™ instead of continuing to guess or follow others?

31. If we could uncover ONE insight about you that changed your direction, what would you hope it is?

32. Is there something important about you that grades, CVs, or teachers never capture?

SECTION 11: DEEP SELF-DISCOVERY

📖 *This section is intentionally different.*

Some questions may feel uncomfortable or unusual.

Answer instinctively. Overthinking reduces accuracy.

33. When people praise you, what do you secretly think?

- They're being polite
- They don't see my flaws
- They're right, but it won't last
- I deserve it
- It makes me uncomfortable
- I rarely get praised

34. Which sentence feels most threatening to hear?

- "You're wasting your potential"
- "You're not as capable as you think"
- "You're playing it too safe"
- "You care too much about what others think"
- "You don't try hard enough"

35. If you failed publicly at something important, your first reaction would be:

- Shame
- Anger
- Avoidance
- Determination
- Indifference

36. Be honest: what drives you more right now?

- Curiosity
- Fear of falling behind
- Desire to impress others
- Avoiding disappointment (my own or my parents')
- Genuine interest in mastery
- I don't know anymore

37. If nobody could ever judge your outcome, what would you change about your choices?

38. Which feels closer to the truth?

I want to be exceptional	I want to be safe	I want to be respected
I want to be free	I just want clarity	

39. My parents' expectations for me are:

40. The thing my parents worry about most (that they don't always say out loud) is:

41. If I disappointed my parents academically, the hardest part would be:

- Letting them down emotionally
- Losing their trust
- Losing financial or practical support
- Damaging our relationship
- My own guilt
- This doesn't worry me much

42. Which sentence describes you more accurately?

- I want clear instructions and certainty
- I want freedom, even if it's risky

43. If given complete freedom for the next 3 years, you would most likely:

- Build something (project, business, skill)
- Study deeply in one area
- Explore many interests
- Travel / experience life
- Feel lost without structure

44. How do you usually respond to uncertainty?

- I avoid it
- I over-plan
- I freeze
- I adapt quickly
- I become anxious but functional

45. Complete this sentence honestly:

"If I'm being completely honest, what I'm most afraid of is ending up as someone who ____"

46. And this one:

"If everything went right, the kind of person I'd quietly be proud to become is someone who ____"

47. If YourPath™ showed that your current direction doesn't fit how you think or work, you would prefer:

- Clear redirection
- Gentle adjustment
- Time to explore before deciding
- Strong external structure
- Reassurance more than strategy

48. What would make this entire process feel genuinely worth it for you?



Thank you for completing this diagnostic.

Your responses will be analysed using the YourPath™ Fit Mapping Framework.